



money:course

Starting Tuesday 19th July, 7.30pm - 9pm

3 week course, to be held at Kendal Children's Centre, Kendal Green

This is a FREE course and open to ANYONE who would like to manage their money better and have access to valuable budgeting tools - enabling them to make better decisions about their finances, whether they have a little or a lot. There is no requirement to share personal information and the course is a mixture of video and personal presentation in an informal and friendly atmosphere. Highly recommended by previous delegates!

Run by Kendal and District Debt Centre -
3 consecutive weekly sessions -

19th July, 26th July and 2nd August

The Children's Centre, St Thomas's CE School
Kendal Green Kendal Cumbria LA9 5PP.



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I heard about the CAP Money Course from a friend who went on the course. I wanted to pay off my credit card and stay out of my overdraft. It changed my life! I never thought it could be so easy, but the CAP Money system is so simple

- Annie, Course Delegate

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A free course to help you manage your money better and learn to budget, save and spend well.



CUMBRIA
COMMUNITY FOUNDATION

budget. save. spend.

We run the CAP Money Course

Run by:

Kendal and District Debt Centre

To book please email:

Samantha at: samanthavyner-brooks@capuk.org or on 07467 190377

capmoneycourse.org

Christians Against Poverty is a national charity offering award-winning, free, face-to-face debt counselling through 270 CAP Debt Centres across the UK. The innovative charity also offers financial education through the CAP Money Course. For details of CAP's services, or to support the charity, visit www.capuk.org.

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